

Division of Agencies/Organizations

Community/Recreation Supports

[Abilities Centre](#)
[Autism Home Base Durham](#)
[Autism Ontario](#)
[Canadian Hearing Society](#)
[ConnectABILITY](#)
[Days Plus Centre](#)
[Enhanced Day Program](#)
[Frontenac Youth Services](#)

[Nova's Ark](#)
[Participation House](#)
[Precious Minds](#)
[Resources for Exceptional Children and Youth](#)
[Special Olympics](#)
[Sunrise Youth Group](#)
[Tania's Place](#)
[WindReach Farm](#)

Financial Supports

[Ontario Disability Support Program \(ODSP\)](#)
[Passport Durham Region](#) (Tri-County Community Support Services)

Developmental Supports

Brodie Community and Residential Developmental Services Ontario (DSO) Durham Association for Family Resources and Support	Kerry's Place Respite Services.com Uxbridge Creative Connections
--	--

Housing-Related Supports

Community Living
 - [Oshawa/Clarington](#)
 - [North and Ajax/Pickering/Whitby](#)

Health Supports

Carea Community Health Centre Durham Mental Health Services Durham Region Health Department Grandview Children's Centre	Lake Ridge Community Support Services Local Health Integration Network (formerly CECCAC) Ontario Autism Program
--	---

Educational Supports

[Durham College – Access Centre](#)
[Durham College – CICE Program](#)
[Learning Disabilities Association Ontario – Durham Chapter](#)
[University of Ontario Institute of Technology – Student Accessibility Services](#)

Employment Services

Agilec Canadian Council on Rehabilitation and Work (CCRW) Durham Region Employment Network Evolution Support Services	META Vocational Services YMCA Durham Employment Services
--	---

COMMUNITY/RECREATION SUPPORTS:

Abilities Centre	<p>Delivers enriching sports, fitness, arts and life skills opportunities for people of all ages and abilities. The Centre is fully accessible and combines barrier-free navigation with innovative programs.</p>	<p>W: www.abilitiescentre.org</p> <p>P: (905) 665-8500</p>
Autism Home Base Durham	<p>Autism Home Base is a non-profit organization that provides regular weekly social activities for adults and youth with ASD.</p>	<p>W: www.homebasedurham.com</p>
Autism Ontario	<p>Autism Ontario - Durham Region is a regional chapter of Autism Ontario a non-profit organization dedicated to ensuring that every individual with Autism Spectrum Disorders (ASD) is provided the means to achieve quality of life as a respected member of society. Currently serving hundreds of families throughout Durham Region, Autism Ontario - Durham Region is comprised of parents and others who volunteer their time, talents, and energy to help improve the lives of children, teens and adults with autism. We rely on donations from individuals and members of the business community to fund our programs and services.</p>	<p>W: http://www.autismontario.com/Durham</p> <p>P: (905) 432-5092</p> <p>Toll free: 1-866-495-4680</p> <p>E: General Inquiries: durham@autismontario.com</p>

<p>Canadian Hearing Society</p>	<p>CHS provides sign language interpreting, one-on-one language development for deaf and hard of hearing adults and children, employment consulting, sign language instruction, speechreading training, hearing testing, hearing aids, counselling. CHS offers the most complete range of communication devices for communication assistance and augmentation in Canada such as text telephones (TTYs), visual smoke detectors, baby monitors, signalling devices and alarm clocks. CHS's commitment to the Deaf and hard of hearing community includes providing unbiased information helping clients to make informed decisions and optimal choices.</p>	<p>W: https://www.chs.ca/ P: 1-866-518-0000 TTY: 1-877-215-9530 E: info@chs.ca</p>
<p>ConnectABILITY</p>	<p>This is a fee for service program directory. The directory contains information regarding: Community Participation Support, Caregiver Respite and Person-Directed supports for transitional age youth and adults.</p>	<p>W: www.connectability.ca</p>
<p>DAYSPLUS</p>	<p>DAYSPLUS is an activities-centered day program for developmentally delayed adults. Through our programs, we encourage individuals to be active and independent as well as focusing on building his/her strengths and abilities.</p>	<p>W: www.daysplus.ca P: (905) 434-8001 E: daysplus30@yahoo.com</p>
<p>Enhanced Day Program</p>	<p>Delivers services to youth and adults with special needs, including those with complex behaviors. We provide a safe and inclusive environment, where the needs of each individual are recognized. Enhanced Day Program offers individual programming for all people with developmental disability and mental health challenges including those with an Autism Spectrum Disorder.</p>	<p>W: www.edayprogram.com P: (905) 492-9200 E: info@edayprogram.com</p>

Frontenac Youth Services	<p>Frontenac Youth Services is a non-profit Children's Mental Health Centre which has been providing assistance to adolescents struggling emotionally and behaviourally (12-18 years) and their families within the Durham Region since 1972. Last year, more than 1,230 clients were offered an opportunity to be heard and feel supported.</p>	<p>W: https://frontenacyouthservices.org/</p> <p>P: 1-877-455-5527</p>
Nova's Ark	<p>Nova's Ark is committed to building acceptance of individuals of all ages and abilities by providing opportunities for understanding. The "Out of the Box" week day program offers inclusive, educational experiences for individuals with varied abilities. Everyone joins in with our innovative college student mentors to participate in the many unique outdoor and indoor activities which includes exposure to a wide range of therapy animals. Our focus continues to be on social and communication skills to enhance integration in the community.</p>	<p>W: www.novasark.ca</p> <p>P: (905) 706-1009</p> <p>E: novasark@sympatico.ca</p>
Participation House	<p>Through dedication to enhance the quality of life for adults and youth with physical and developmental disabilities, participants build their daily schedule on identified goals and options available through skill-based programming promoting independence. Programs include: Transit/Employment, Music/Arts/Leisure, Healthy Lifestyles/Life Readiness, Life Skills/Financial Literacy. All programs are fully accessible and inclusive.</p>	<p>W: www.phdurham.com</p> <p>P: (905) 5795267</p>

Precious Minds	<p>Since 1999, Precious Minds has been supporting children, youth, and adults with developmental challenges in North Durham to meet their highest potential. We offer programs designed to engage, inspire, and develop skills for life. we provide individualized levels of support to ensure that each participant has the best experience possible. We also provide support for the entire family including educational resources, respite, and family events.</p>	<p>W: https://www.preciousminds.com/</p> <p>P: 905.982.0882</p>
Resources for Exceptional Children and Youth	<p>Resources for Exceptional Children and Youth - Durham Region offers a range of services to hundreds of children and youth with special needs who live in Durham Region. Our family-centred approach emphasizes collaboration with families, school boards, child care centres, and other community agencies. Our professional staff has a wide knowledge base and a variety of expertise and utilizes these skills to ensure appropriate supports for each child in our programs.</p>	<p>W: https://www.rfecydurham.com/</p> <p>P: 1-800-968-0066</p>
Special Olympics	<p>Provide year-round sports training and athletic competition for individuals with intellectual disabilities. Special Olympics promotes opportunities to develop physical fitness, demonstrate courage, experience joy, and develop skills and friendships with their families, other Special Olympic athletes and the community.</p>	<p>W: http://durham.specialolympicsontario.ca/</p> <p>P: 1-888-333-5515 Ext. 256</p> <p>E: greaterdurham.info@specialolympicsontario.ca</p>
Sunrise Youth Group	<p>To provide programs for individuals with developmental disabilities and support for families that are positive and inclusive through recreational, social and learning experiences.</p>	<p>W: www.sunriseyouthgroup.ca</p> <p>P: (905) 438-9910</p> <p>E: programs@sunriseyouthgroup.ca</p>

Tania's Place	<p>Tania's Place is an activity center for individuals with special needs. Programs include day programs, summer camp, March Break camp and PD days/Exam week support and programming.</p> <p>(unable to attend)</p>	<p>W: www.taniasplace.com</p> <p>P: (416) 543-4817</p> <p>E: info@taniasplace.com</p>
WindReach Farm	<p>WindReach farm is a charitable, not-for-profit organization that offers unique and innovative nature and farming related opportunities to individuals of all ages and abilities, including those with physical, psychological, and intellectual challenges. As a fully accessible, barrier-free facility, WindReach provides specialized features and services developed specifically to meet the needs of the special needs population within the Durham Region. Among such services is the therapeutic and structured day program, Learning-4-Life, which helps adults with disabilities strengthen their skills, independence, and physical well-being in a safe and nurturing farming environment. The program features a low staff-to-client ratio and promotes increased confidence, continued education, and active living through social, cognitive, recreational, and daily living skills.</p>	<p>W: www.windreachfarm.org</p> <p>P: (905) 655-5827</p> <p>E: info@windreachfarm.org</p> <p>Learning -4-Life Coordinator ext.236</p>

FINANCIAL SUPPORTS

Ontario Disability Support Program (ODSP)	<p>Helps adults with disabilities who are in financial need pay for living expenses, such as food and housing (Income Support). In addition to this, Educational Supports assist adults who can, and want to work, prepare for and find a job.</p>	<p>W: www.mcass.gov.on.ca/en/mcass/programs/social/odsp/</p> <p>P: (905) 440-1030</p>
--	--	---

Passport Program (Region of Durham)	Through this initiative, individuals with a developmental disability can obtain funding for "Community Participation Supports" as well as "Respite Opportunities" for primary caregivers.	W: www.mcass.gov.on.ca/en/mcass/programs/developmental/serviceSupport/passport.aspx P: (905) 668-7711
--	---	--

DEVELOPMENTAL SUPPORTS		
BRODIE Community and Residential Services	Provides support based service to individuals 18+ within an exclusive structured and nurturing program. Programs are designed to meet the needs of adults with physical and/or developmental disabilities, adults who have difficulty performing activities of daily living, and adults with psychological and neurological disorders who may be disoriented with their surroundings.	W: www.brodiecrs.com/ P: (905) 240-2437 E: info@brodiecrs.com
Durham Association for Family Resources and Support	DAFRS works in partnership with families with a member who has an intellectual disability or a child with a physical disability. DAFRS provides Family Support (services, resources, and other types of assistance) that enhance the capacity of the whole family to care for one another and to sustain and/or enhance their valued social roles as family members and as members of the community. (unable to attend)	W: http://www.dafrs.com/
Developmental Services Ontario (DSO)	Assist adults with developmental disabilities in finding services and supports in their community including residential supports, caregiver respite, community participation and professional and specialized services. (The York Support Service Network is the DSO agency that services the Durham Region.)	W: www.dsontario.ca/agencies/dso-central-east E: dsocentraleast@yssn.ca P: (905) 953-0796

<p>Kerry's Place</p>	<p>Kerry's Place Autism Services has been committed to enhancing the quality of life of people with Autism Spectrum Disorder (ASD) since 1974 by being leaders in developing and providing evidence-based supports, and by building capacity by sharing our knowledge.</p> <p>Through collaborative efforts and a dedicated staff, we provide assistance to enable communities to increase their capacity which has resulted in the growth of services available to people with ASD and their families. For more information about our services please visit us at: www.kerrysplace.org or contact us at 905-579-2720 ext. 21.</p>	<p>W: www.kerrysplace.org</p> <p>E: info@kerrysplace.org</p> <p>P: (905) 579-2720</p>
<p>www.respiteservices.com</p>	<p>A resource for families, providing information about respite services and access to potential support workers in Durham Region. The CHAP program is an online registry that connects families with screened independent respite workers.</p>	<p>W: www.respiteservices.com/durham</p> <p>P: (905) 436-3404</p>
<p>Uxbridge Creative Connections</p>	<p>Uxbridge Creative Connections is a fee for service, non-profit organization located in the Township of Uxbridge, (North Durham), Ontario. Providing meaningful day programming for adults with intellectual disabilities.</p> <p>Uxbridge Creative Connections provides adults with intellectual disabilities a place where they can explore their value and self-worth within their community. Fostering independence through programs and employment opportunities.</p> <p>(unable to attend)</p>	<p>W: https://uxbridgecreativeconnections.org/</p> <p>E: uxbridgecreativeconnections@gmail.com</p> <p>P: 647-381-7488</p>

HOUSING-RELATED SUPPORTS:

Community Living – Durham Region

Provides a variety of services to adults and youths with developmental disabilities living in the Durham Region. Services and supports include adult residential options, employment supports, advocacy support, adult and children's respite and youth group

Community Living - Oshawa-Clarington

W: www.communitylivingoc.ca

P: (905) 576-3011

Community Living - Ajax, Pickering, Whitby

W: www.cl-apw.org

P: (905) 427-3300

Community Living - Durham North

W: www.communitylivingdurhamnorth.ca

P: (905) 985-8511

Notes:

HEALTH SUPPORTS:

Local Health Integration Network (formerly CECCAC)	<p>The Local Health Integration Network is an organization funded by the Ministry of Health and Long Term care. We are able to assess your needs for healthcare at home and provide information and referral for long term care. We can provide acute, rehabilitation, maintenance and end of life care to you in your home.</p>	<p>W: www.centraleastlhins.on.ca</p> <p>P: 1-800-263-3877</p> <p>E: centraleast@lhins.on.ca</p>
Carea Community Health Centre (formerly The Youth Centre)	<p>Provides free services to clients of all ages in Oshawa, Whitby, Ajax and Pickering (our Ajax location services youth 13-29 years). Available free services include confidential medical, counselling, dietitian, young parent support and outreach services, as well as health and wellness programs.</p>	<p>W: www.careachc.ca</p> <p>P: (905) 428-1212</p>
Durham Mental Health Services	<p>Provides services and supports to individuals and families who are living with mental health concerns. Services include crisis response, residential programs, community support groups, justice initiatives and family support.</p>	<p>W: http://dmhs.ca/</p> <p>P: (905) 666-0831</p>
Frontenac Youth Services	<p>Frontenac Youth Services is a non-profit Children's Mental Health Centre. The centre provides support for adolescents who are struggling emotional and behaviourally (12-18 years) and their families within the Durham Region. Frontenac services include: Intensive / Crisis Service, Community Service, Day Treatment and Residential Treatment.</p>	<p>W: http://frontenacyouthservices.org/</p> <p>Referrals go through Central Intake: 1-888-454-6275</p> <p>P: 905-579-1551</p>

Grandview Children's Centre	<p>Children's treatment centre in Durham Region that provides specialized programs, outpatient clinical treatment, and support to children and youth with special needs and their families. Services include occupational therapy, physiotherapy, speech language pathology, ABA-based autism services, medical services, social work services, etc.</p> <p>(unable to attend)</p>	<p>W: www.grandviewkids.ca</p> <p>P: (905) 728-1673</p> <p>E: info@grandviewkids.ca</p>
Lake Ridge Community Support Services	<p>Provides treatment, education and evaluation research services, which facilitate the participation and growth of individuals with a diagnosis of intellectual disability or Autism Spectrum Disorder.</p>	<p>W: www.lrcss.com</p> <p>P: (905) 666-9688</p>
Ontario Autism Program	<p>The OAP provides families of children and youth with ASD with flexible, family centered services based on each child's unique needs.</p>	<p>W: https://www.lrcss.com/services/ontario-autism-program</p>
Durham Region Health Department	<p>The Durham Region Health Department works with community partners to promote and protect your health, prevent infectious diseases, and inspects for health hazards. They offer health promotion programs and services, manage control of diseases, and offer clinic services including immunization and sexual health services.</p>	<p>P: 1-800-841-2729</p> <p>W: https://www.durham.ca/en/regional-government/public-health.aspx</p>
Notes:		

EDUCATIONAL SUPPORTS:

Durham College – Access and Support Centre	<p>The Access and Support Centre (ASC) provides services to students who are temporarily at-risk or identified with an exceptionality, to ensure equal access to all aspects of the academic environment. The ASC provides accommodations to meet students' individual needs through assistive technology and through coaching on self-advocacy and success strategies. The ASC team works in partnership with the students and faculty to co-ordinate appropriate supports to ensure inclusive and accessible learning environments on campus.</p>	<p>W: www.durhamcollege.ca/asc</p> <p>P: (905) 721-3123</p> <p>E: asc@durhamcollege.ca</p>
Durham College – Community Integration through Cooperative Education (CICE)	<p>Community Integration through Co-operative Education (CICE) gives individuals with intellectual disabilities or significant learning challenges, the opportunity to enhance their academic and vocational skills with modified programming through a variety of courses. The program includes a number of core courses, common to all CICE students, in topics such as; interpersonal communication, job skills, self-advocacy, self-awareness and computer skills. Other courses are drawn from a variety of Durham College programs and may not come from one specific program area, but a variety of programs related to a vocational field of interest.</p>	<p>W: www.durhamcollege.ca/cice</p> <p>P: (905) 721-3000 Ext. 6587</p>
Learning Disabilities Association – Durham Chapter	<p>To assist in enabling persons with learning disabilities to reach their full potential through advocacy support, monthly information sessions, resource facilitation, lending library and public awareness activities.</p> <p>(unable to attend)</p>	<p>W: www.ldadr.on.ca/</p> <p>P: (905) 426-1442</p> <p>E: info@ldadr.on.ca</p>

<p>University of Ontario Institute of Technology (UOIT) - Student Accessibility Services</p>	<p>Student Accessibility Services at UOIT is a collaborative team that works to provide students living with a variety of disabilities equitable opportunity for academic success. We create individualized accommodation plans to support each students' unique needs. Accommodation plans may include, but are not limited to, adaptive technology training, alternative format course material, learning skills support, testing support and transition support for incoming students.</p>	<p>W: https://studentlife.uoit.ca/student-accessibility-services/index.php</p> <p>P: (905) 721-3266</p> <p>E: studentaccessibility@uoit.ca</p>
--	---	--

Notes:

EMPLOYMENT SUPPORTS:

Agilec	Assists individuals, including those with disabilities, with their job search, finding and maintaining employment.	W: www.agilec.ca P: (905) 743-7242(Courtice) (905) 426-8337 (Ajax)
Canadian Council on Rehabilitation and Work (CCRW)	CCRW help people with disabilities break down barriers to employment. By giving job seekers the tools and confidence to educate and market themselves; CCRW helps them refine and demonstrate their abilities. We help employers become leaders in socially and fiscally responsible hiring and retention practices. CCRW support individuals with disabilities find a job or career and helps employers hire and support persons with disabilities. (unable to attend)	W: https://www.ccrw.org/ P: (905) 556-2095 E: info@ccrw.org





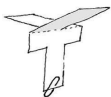
Notes:

Evolution Support Services	Evolution Support Services can offer supports to families as they work with programs and services to support their young adults with the transition from secondary to post-secondary and other programs. We offer job training programs, community supports, job training and more.	W: www.evolutionsupportservices.ca E: evolutioncareservices@outlook.com
META Vocational Services	Committed to client-centered employment and vocational rehabilitation services in a team-oriented environment.	W: http://metavocational.com/ P: (905) 725-0087 E: metaservices@metavocational.com
YMCA – Durham Employment Services	Provides individual job search support and guidance. Offers workshops in resume writing, interview skills and more. Access to computers, internet and fax machine and other resources.	W: www.ymcagta.org/en/get-a-job/index.html P: (905) 427-7670

Notes:

STEM ACTIVITIES PASSPORT

Explore the Science, Technology, Engineering and Math (STEM) activities throughout the board room and atrium. Check them off as you complete each one!

STEM Activity		Location	✓ when completed
Paper airplanes		Board Room (right side)	
Big Bubbles		Atrium (near media library)	
Glider Challenge		Board Room (left side)	
Straw Rockets		Atrium (near south entrance)	
Rotocopter		Atrium (near front desk)	

Thank-you for attending our Life After High School
transition night!

Inclusive 
STUDENT SERVICES

GROVE • PSYCHOLOGICAL SERVICES • SOCIAL WORK AND ATTENDANCE
SPECIAL EDUCATION • SPEECH LANGUAGE AND HEARING • VISION

